

# Word List: strain, strict, string = bind, tie, or draw tight

<b>Vocabulary</b>	<b>Definitions</b>
astrigent (n)	a substance used on skin to make the skin <b>tight</b>
boa constrictor (n)	a snake that kills its prey by squeezing it <b>tightly</b>
constrict (v)	to hold in; to make smaller; to squeeze or <b>bind</b> to make smaller
district (n)	a region or area that is <b>bound</b> together by specific rules, laws, resources, and/or money
restrain (v)	to hold back; to keep under control; to limit; to <b>draw tight</b> by force
restricted (adj)	<b>bound</b> by limits; kept within certain rules
strain (v)	to draw or stretch <b>tight</b> beyond the normal limits
strainer (n)	a device used for letting the water leave the food so the food is <b>drawn</b> together
string (n)	a thin piece of twisted fiber that can be used to <b>tie</b> things together
stringent (adj)	demanding strict attention to rules; rigid; having a <b>tight</b> set of rules